



2021 IMPACT REPORT



An aerial photograph of a pod of dolphins swimming in clear, turquoise water. The dolphins are seen from above, showing their dark, sleek bodies and lighter-colored underbellies. They are arranged in a loose, circular pattern, with some swimming towards the camera and others away. The water is very clear, and the sunlight creates a shimmering effect on the surface.

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“I applaud the Love the Oceans’ team and the entire community for doing what they can to push for a Marine Protected Area in the Jangamo Bay. With knowing comes caring, and the education they’re bringing to Jangamo Bay can empower young students to become ocean stewards and protect their blue backyard for generations to come.”

Dr Sylvia Earle, President and Chairman of Mission Blue and The Sylvia Earle Alliance,
National Geographic Society Explorer in Residence

Photo: Fishermen fishing
Teresa Wood, Photographers Without Borders



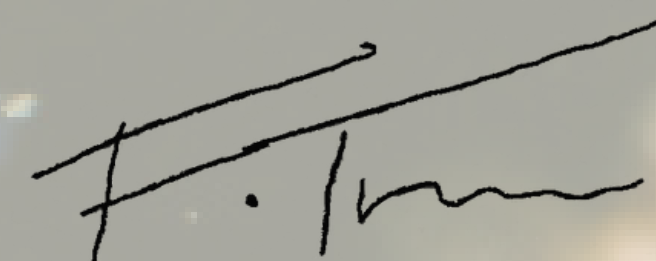
A note from our Founder

I'm thrilled to share with you our annual impact report. 2021 was another difficult year thanks to the pandemic and we're incredibly grateful for all the support we've received to enable us to move forward.

Our research and community outreach efforts were still seriously limited by restrictions but I'm very proud of our team for pulling through such a difficult time and launching multiple projects to aid our mission despite the challenges.

We were encouraged by the growing number of countries declaring environmental and climate emergencies. Conservation, ocean protection, people empowerment and transparency are close to our hearts and more crucial than ever in a just transition to a sustainable coastal community.

This report highlights some of the critical conservation work we're doing on the front lines, the ground-breaking research, and how we're empowering our communities to harness their natural resources.



Francesca Trotman
Founder and Managing Director

Photo: *Nembrotha purpureolineata*
© Francesca Trotman

Where We Work

Love The Oceans is headquartered in the UK but works in Jangamo Bay, Mozambique. Our area is very rural but typical of the Mozambique coastline. This means our successful conservation strategy can be replicated in similar villages and areas.

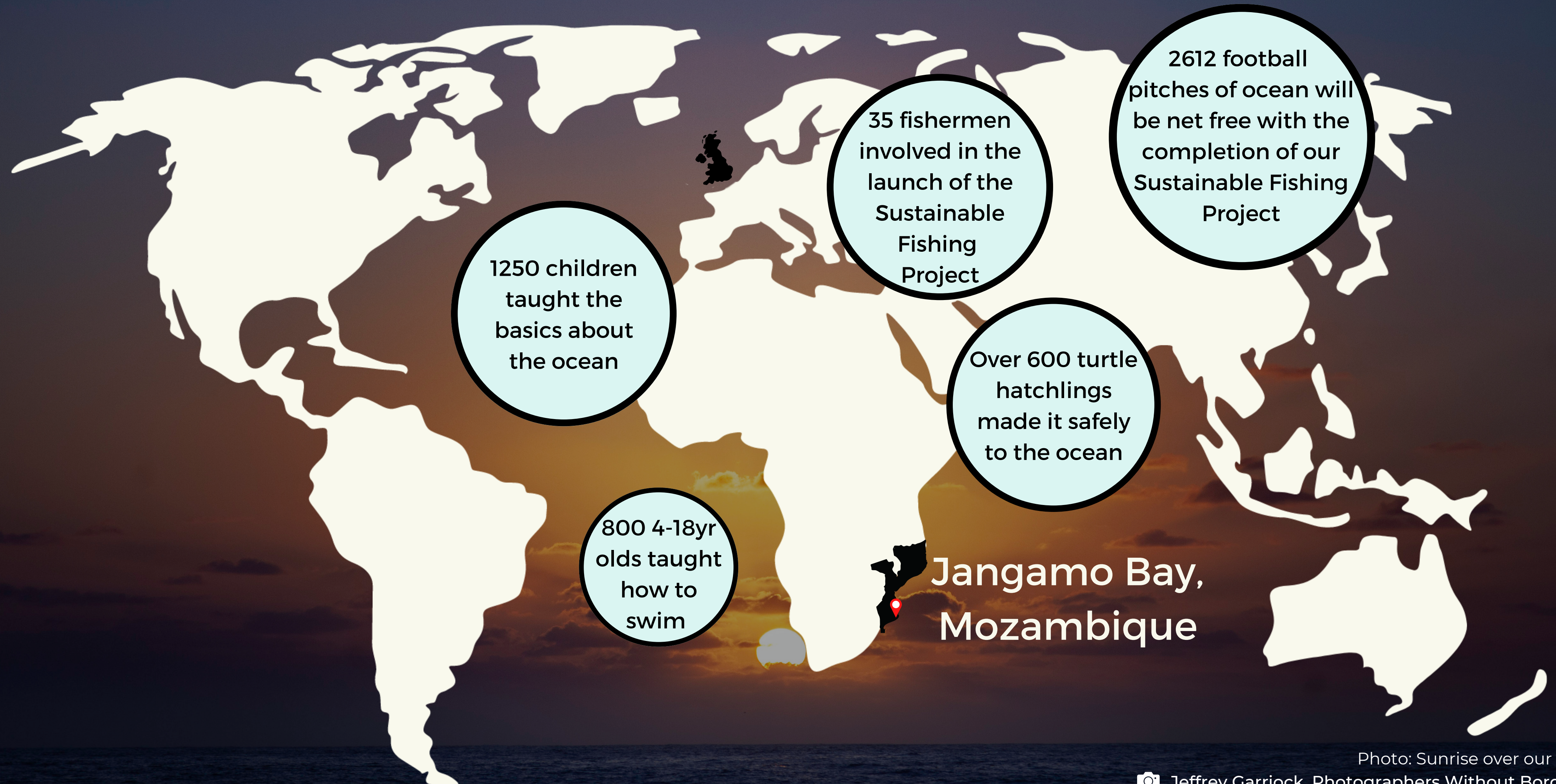


Photo: Sunrise over our bay

Jeffrey Garriock, Photographers Without Borders

Our Vision

To develop a holistic conservation strategy which can be replicated along the East African Coastline protecting and preserving the diverse ocean fauna native to those areas while empowering the surrounding communities to thrive.

Our Mission

To protect the marine environment in Jangamo, Mozambique, by conducting education projects and scientific research that will support the establishment of a Marine Protected Area.

Photo: Our research boat heading out to some survey dives.
📷 Jeff Hester, Photographers Without Borders

Our Team

Over the years our team has grown and 2021 saw the addition of a few new faeces. We're excited to see our team grow and these amazing people bring their own skills and points of view to the table, making our conservation strategy as effective as possible.



Francesca Trotman
Founder & Managing Director



Pascoal Nhamussua
Community Outreach Manager



Andrea Biden
Executive Director



Mario Guilamba
Field Officer



Edna Guilamba
Women's Health Project Lead



Melta Marrengula
Ocean Conservation Champion



Recina Nhamussua
Women's Health Project Lead



Jasmine Roncevalles
Marketing Director



Bento Nhamussua
Field Officer



Hannah Williams
Fundraising assistant

Photo: A diver in blue water

📷 Teresa Wood, Photographers Without Borders



Meghan and Harry Windsor
Duke and Duchess of Sussex



Ursi Marren
Clipper race sailor, Love The Oceans
Ambassador



Megan McCubbin
Wildlife TV Presenter
and Zoologist



Kaush Subramaniam
Wildlife photographer and
conservation biologist

Our Supporters

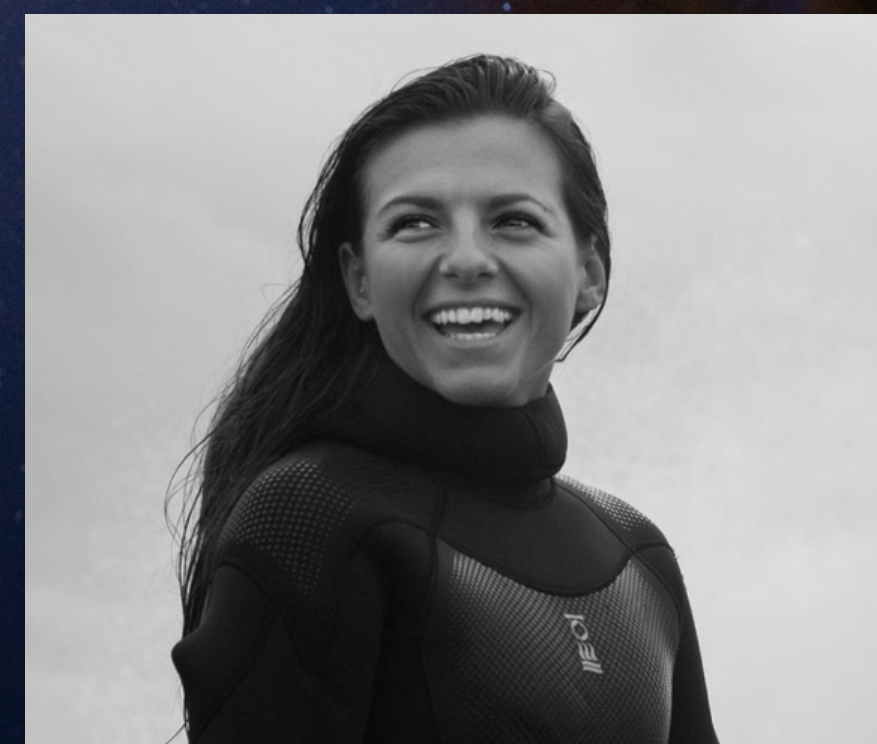
Over the years we've gained support from a number of influential people. These people help us raise awareness of our cause, fundraise, and draw further support to our projects.



Mads St Clair
Marine Biologist, Filmmaker and
Founder of Women In Ocean
Science



Dougie Poynter
Musician



Lizzie Daly
BBC Wildlife Presenter and animal
movement scientist



Sarah Roberts
Eco-journalist, Author and
Presenter

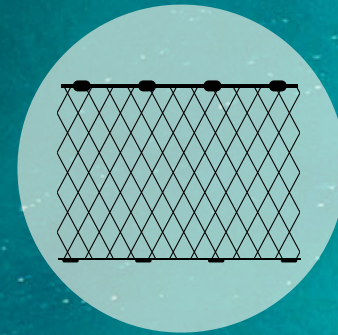
Photo: The stars over our base
Ike Isaacsen

Research

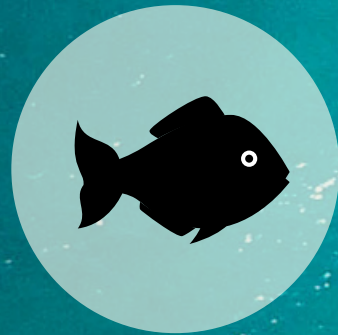
2021 saw the continuation of covid restrictions to our research. With that in mind, we decided to reflect on some highlights since Love The Oceans started. All of our work is the first of its kind in our area.



190+ hours of megafauna surveys



Analysed fisheries & coral reef data informing a project which will protect 7744 football pitches of ocean from monofilament net fishing.



22000+ fish recorded in artisanal fisheries catches over 6 years and sustainability assessments underway



In 2021 we launched the first in situ study in the area into meso- and apex predator presence



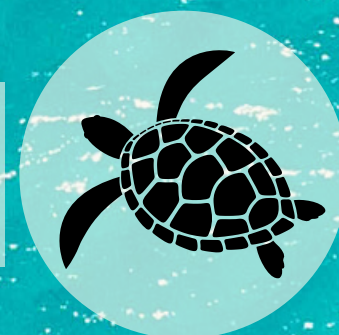
9500m of coral reef surveyed



Over a tonne of ocean trash removed from the oceans inc. >85,000 pieces of plastic and created over 150 eco-bricks



Supervised over 40+ university students for theses and placements and hosted over 230 volunteers



600+ sea turtle hatchlings guarded & guided to the ocean



Bioacoustics studies of humpback whale song, identifying 22 phrases and 13 units used by the whales, as well as a possible cultural revolution event

2021 Feature: Women's Health Project

THE BACKGROUND

No women are involved in the marine space in Jangamo – not a one, not in fishing, ecotourism or swimming. Limited access to menstrual products compatible with swimming means no women are learning to swim, and therefore they do not have the option to be involved in the marine space. On top of this, lack of access to menstrual products means many women stop attending school for the duration of their periods, leading to 12 weeks less education a year than their male counterparts. This in turn means illiteracy rates are 50% higher in women, women generally are much less likely to get jobs, have careers and be financially independent, severely limiting their life choices.

Many women are also uninformed as to how the menstrual cycle is involved in sexual reproduction, leading to women getting pregnant very young, married, and dropping out of school all by the age of 15, despite the legal age of marriage being 18 in Mozambique. This lack of sexual education is ultimately leading to women having less control over their own bodies and contraception use through dependency on their husbands.

Women in STEM have always been a minority. Love The Oceans has started their Women's Health Project, headed up by two local women Edna Guilamba and Recina Nhamussua to increase gender equality by getting more women in the water. This project evolved when the team noticed no girls over the age of 13 were coming to swimming lessons – a project previously supported by the Duke and Duchess of Sussex.

WHO LEADS THIS PROJECT?



EDNA GUILAMBA

Edna is a single mother in our area passionate about creating a safe space for women to talk. She leads weekly workshops to collect surveys on women's menstruation experience, and changes they'd like to see in the area.



RECINA NHAMUSSUA

Recina is one of the only female chiefs in our area which gives her access to more families, as she already has the trust of most community members. She helps Edna with the health surveys and is great at encouraging others to share their stories.

Photo: Melta Marrengula continues swimming lessons

📷 Francesca Trotman

2021 Feature: Women's Health Project

This project is in its early days, the aim is to be able to provide a range of products for women to be able to use, with a minimal environmental footprint: reusable pads, menstrual cups, tampons and more. The access to cups and tampons will enable more women to learn to swim and do anything their male counterparts can do, slowly evening the playing field and opening opportunities for more women to be involved in marine ecotourism – one of the largest employers in the area – as well as marine conservation – Love The Oceans' own passion.

The project has the potential to expand into more sexual health talks to both men and women, tackling subjects like contraception, HIV and child marriage. At the moment, LTO is looking for partners and sponsors for this initiative.

HOW IT WORKS



Initial surveys
conducted



Grants and sponsorship secured.
Partnerships with appropriate
bodies



Workshops on sexual health to a
range of community members



More menstrual products
made available and micro-
businesses started



Further project
development

“Our work is welcomed in the community. The type of work that we do gives hope to the community and contributes to education about marine life and the protection of animals, to restore the structure of the marine world in view of the massive destruction that has occurred in recent years. We must work with love and believe in our potential. We must do our best in our work to help marine life and achieve our objectives of protecting the oceans.”

Pascoal Nhamussua
Love The Oceans' Community Outreach Manager

Photo: Pascoal Nhamussua in educational outreach classes
📷 Teresa Wood, Photographers Without Borders

Educational Outreach

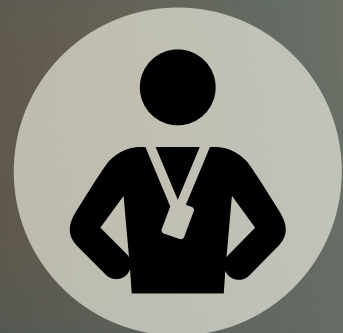
We've been working across the Jangamo communities for the last 7 years and it's been an absolute pleasure. The wealth of knowledge our coastal community stakeholders have is integral to our successful conservation strategy. Here are some highlights of our educational outreach work so far.



Taught 850+hrs of basic marine resource management to over 1150 10-13 yr olds



Taught 290+hrs of swimming lessons to over 800 4-18 yr olds



Qualified the first ever Mozambique citizen as an STA swimming instructor and 6 aquatic helpers



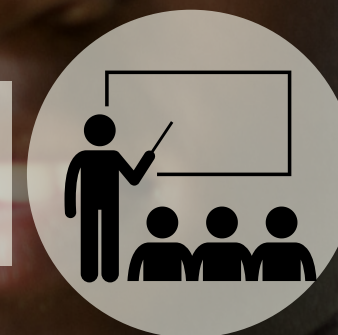
Reached over 100 women through sexual health surveys for our Women's Health Project



Launched our OCC Education Project, sponsoring 2 of our OCCs to complete high school every year



Ran the first ever sustainable fishing workshops with Jangamo fishing communities



Built 14 classrooms on community request to enable the first high school in the area to be established



Raised funds to construct the first ever community swimming pool



Qualified our first two OCCs and our Community Outreach Manager to PADI Advanced level



Welcomed our first female Ocean Conservation Champion to the team



“ I love marine species, and I would like to be one of the future protectors of marine life. I will forever be thankful to the Love The Oceans team that is helping me become a professional in taking care of the oceans. ”

Bento Nhamussua, one of our Ocean Conservation Champions

Photo: Bento Nhamussua getting ready for a pool session

📷 Francesca Trotman

International Outreach

2021 saw a massive increase in our webinars, virtual presentations and online events. Here's some highlights of the year.



Our founder spoke at COP26 Extreme Hangout's event about the importance of community conservation



Done numerous talks at universities and institutions across the UK, and virtual ones reaching 1000s



Recorded 6+ podcasts listened to by audiences across the globe



We spoke at UNESCO's Empowering Women and Girls in the Ocean Decade event



Finalist for Go Abroad's Innovation in Sustainability Award



Became a Mission Blue Hope Spot



We contributed research and presented at multiple scientific conferences



Our founder, with 11 women, started Clubhouse's Nature & Wildlife club, one of the largest nature clubs on the app.

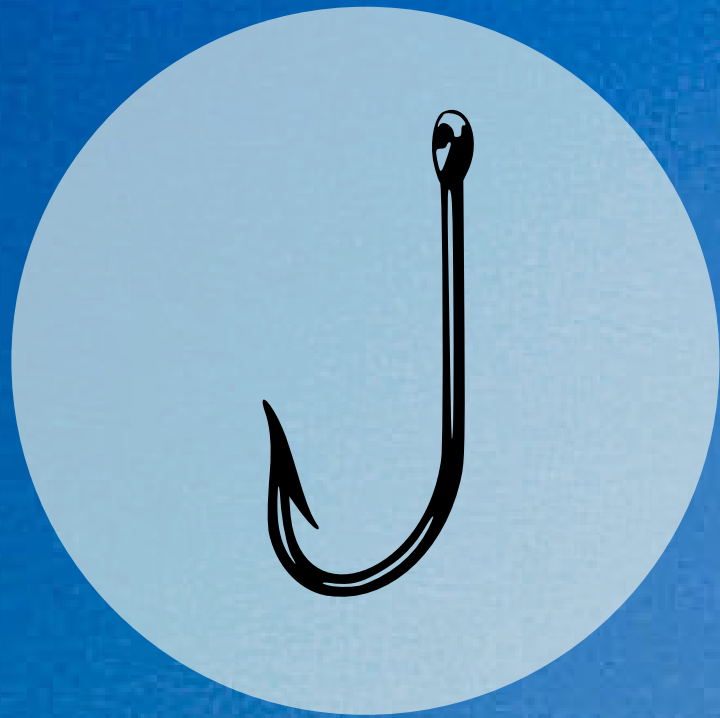


We're the 2021 Ocean Award Winner



Winner of regenerative Impact Award in the Education Category 2021

Other Conservation Highlights



After many years of work, new fisheries legislation came into effect in Mozambique, offering new protection for crucial marine species. You can read the full regs in English on our website on the news page.



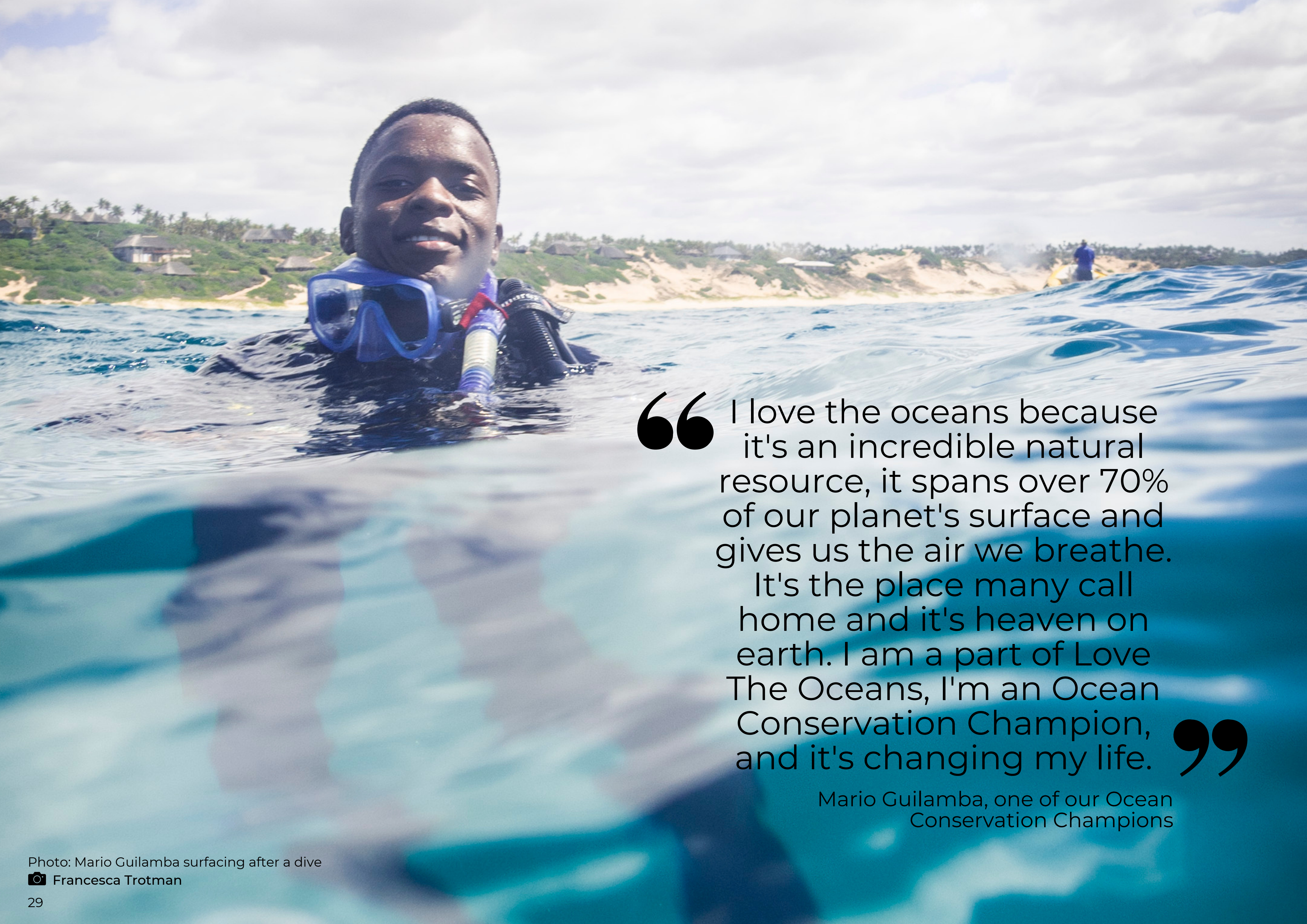
South African court has halted Shell's plans to conduct seismic testing for oil and gas along the east coast - testing that would heavily affect our migrating whale population. A win for the whales!



Speaking at COP, Prime Minister of Mozambique Carlos Agostinho do Rosário committed the country to achieving 62% of energy from renewable resources by 2030.



Photo: One of our whale sharks swims by
Francesca Trotman 



“ I love the oceans because it's an incredible natural resource, it spans over 70% of our planet's surface and gives us the air we breathe. It's the place many call home and it's heaven on earth. I am a part of Love The Oceans, I'm an Ocean Conservation Champion, and it's changing my life. ”

Mario Guilamba, one of our Ocean Conservation Champions

Financial Transparency

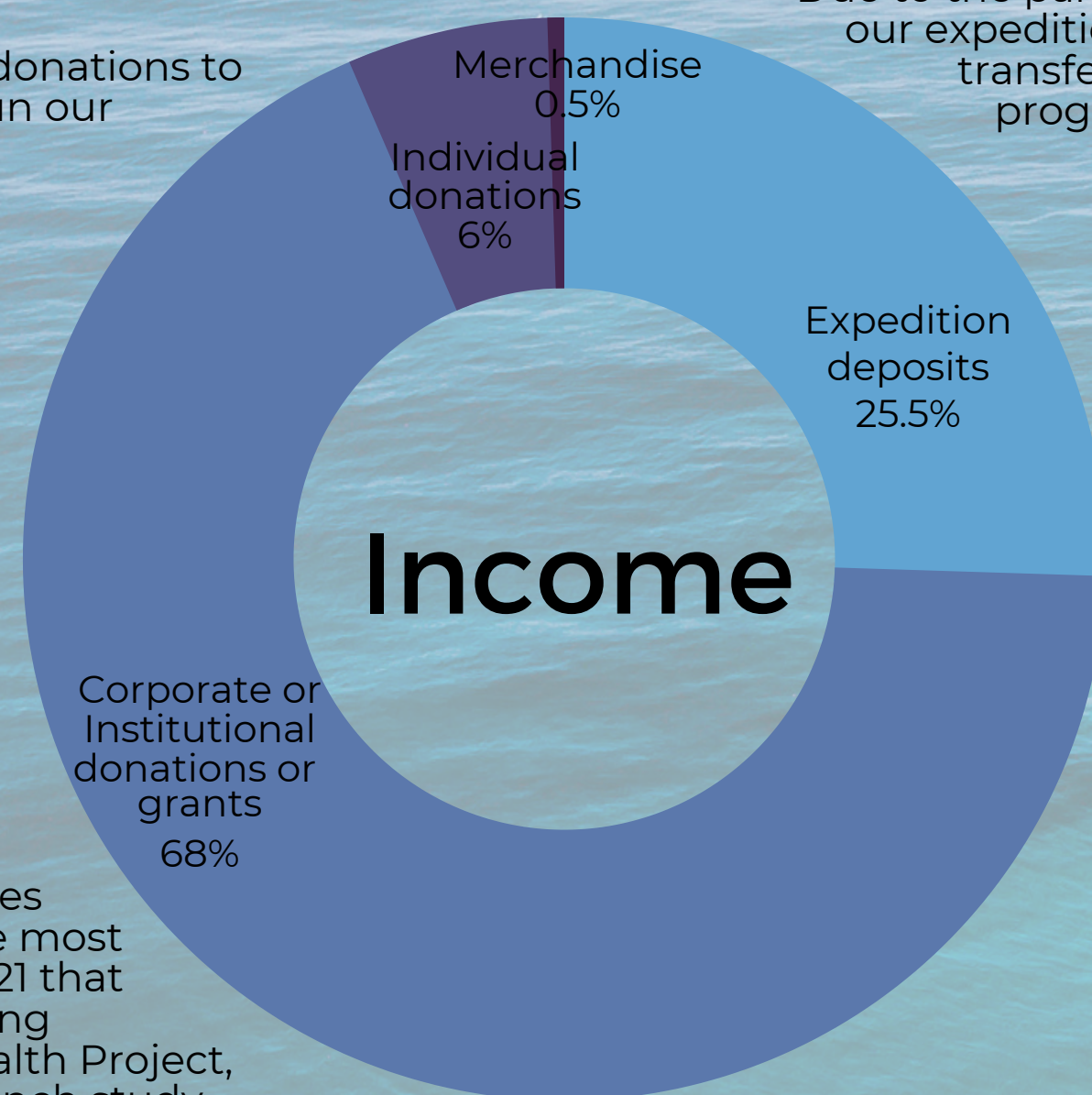
Financial year: November 30th 2020 - December 1st 2021

The global pandemic hit us heavily, not only limiting our activities, but also seriously limiting our income. This meant we had to pull back and re-evaluate where we could spend money in 2021 and what we needed to prioritise. Paying our Mozambican staff members is always a priority for us, especially in the pandemic when we saw poverty levels in our area sky rocket. Fortunately we were lucky enough to gain some donations and sponsorships that enabled us to launch new projects and develop ongoing ones.

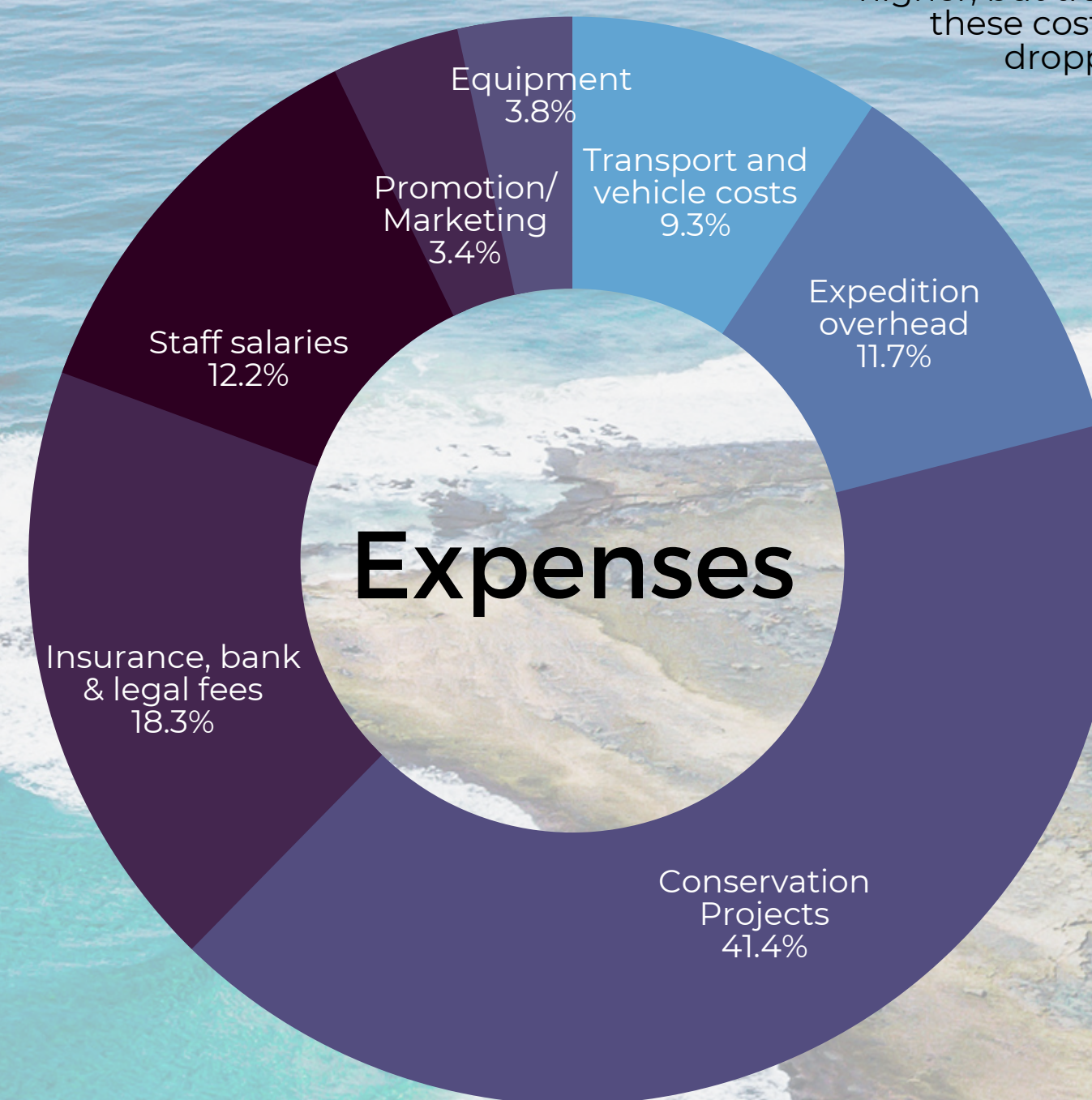
We've heavily relied on donations to be able to launch and run our projects in 2021.

Due to the pandemic most of our expedition participants transferred onto 2022 programs (for free!).

We pride ourselves on transparency. When we receive a donation 100% of that donation goes to the cause specified. If a cause isn't specified, it goes to whichever projects are most in need at the time. In 2021 that was our Sustainable Fishing Project, our Women's Health Project, and our in situ elasmobranch study.



Our expense split looks a little different than pre-covid. Expedition spends would usually be higher, but travel bans meant these costs (and income!) dropped significantly.



Social Media Statistics

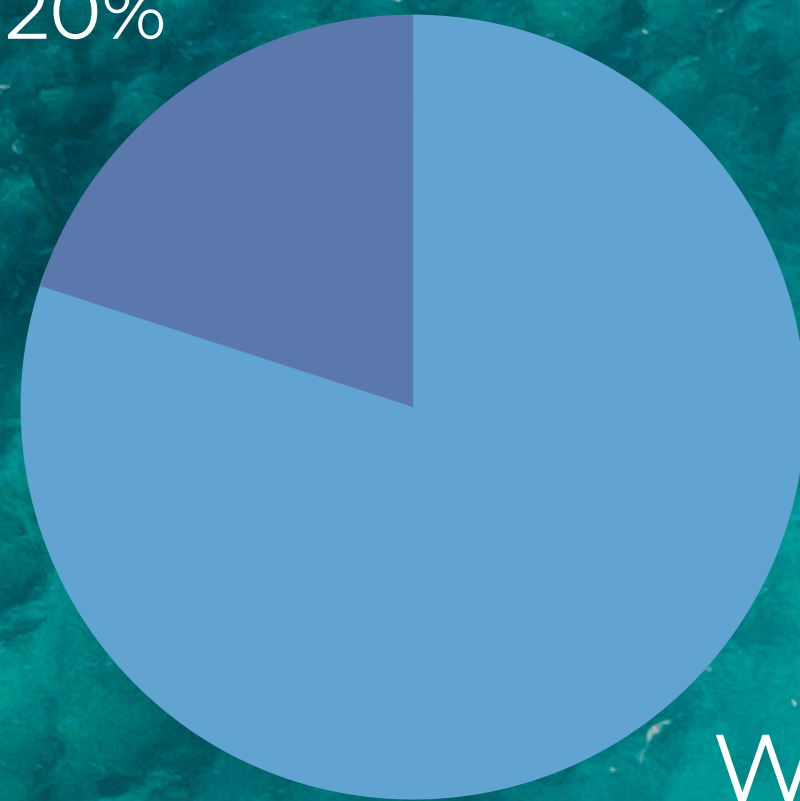
+540,000

Love The Oceans instagram posts and reels have created over 540,000 impressions throughout the year

Gender

Men

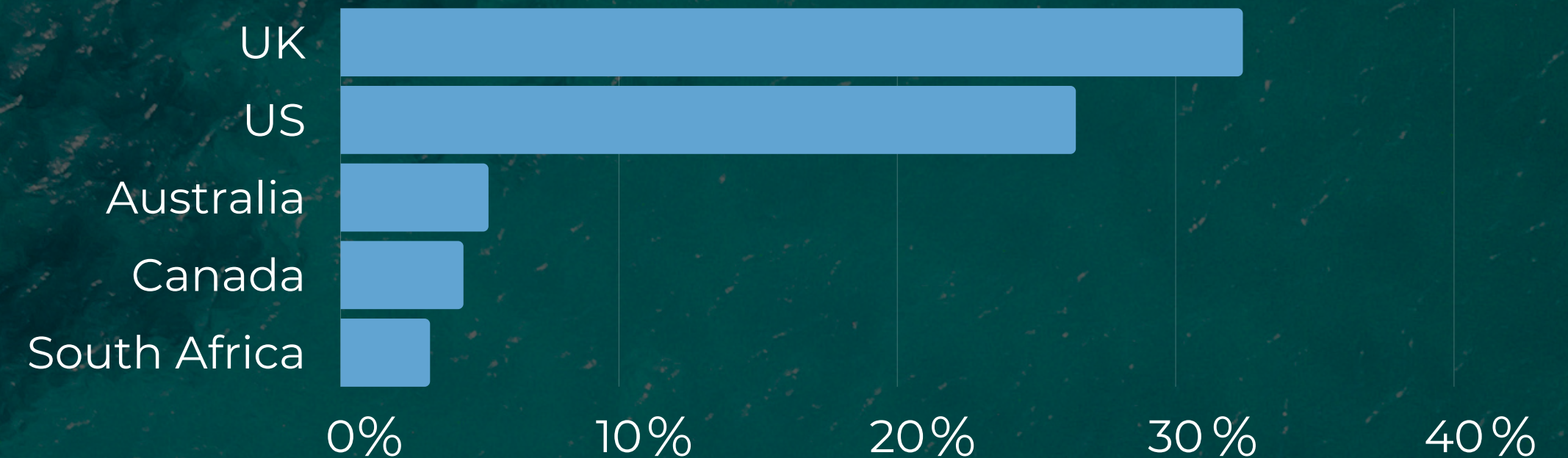
20%



Women

80%

Top Locations



Age ranges

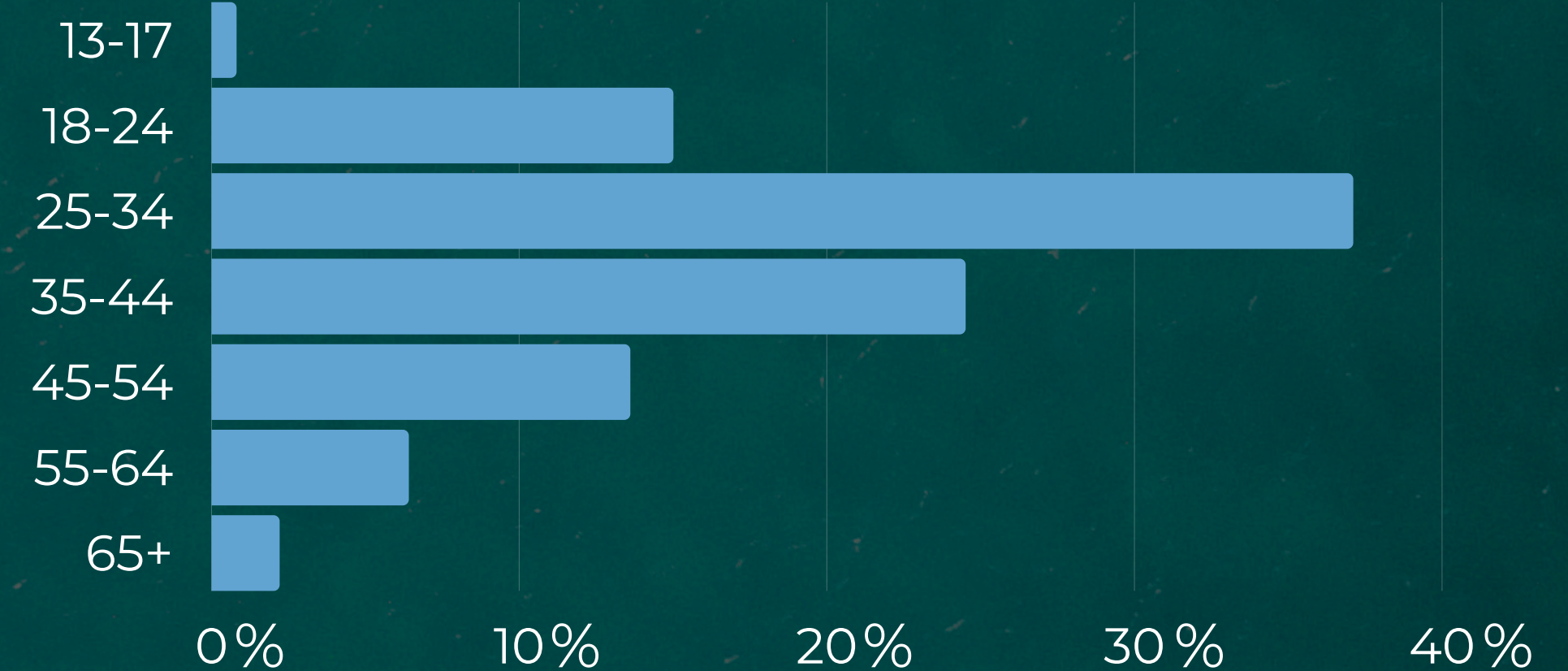




Photo: A manta ray on one of our reefs

📷 Francesca Trotman

“ In a year of great uncertainty we’ve been encouraged, and humbled by the outpouring of generosity and support. Thank You for helping us meet the challenges of this moment, so we could continue to deliver impactful conservation initiatives in partnership with the community, and expand our reach. ”

Andrea Biden,
Love The Oceans Executive Director

Special Thanks Supporters

Only One
Catalina Lodge, Mozambique
Jays Pro Dive Centre
Evercare

Blue Marine Foundation
Gabriele Wagenhofer
Jessica Clifton

Donate

Give Online

If you'd like to donate online, you can do so by visiting

www.lovetheoceans.org/donate

Give by bank transfer

If you'd like to donate via bank transfer, please reach out to info@lovetheoceans.org for more information

Become a Corporate Sponsor

If your business is interested in supporting our work and becoming a corporate sponsor, please contact francesca@lovetheoceans.org and we can send you our sponsorship pack and design a partnership together that suits you.



LOVE THE OCEANS

Photo: waves on the beach
Ike Isaacsen 

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